

Clover Courier

August 2005

4-H

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sent to each 4-H family

Outstanding 4-H Leader Nominations Due!!!

Has a 4-H leader made an outstanding impact on your life? Has he or she gone out of their way to make your 4-H club better? If so, you need to nominate them for Stevens County 4-H Outstanding Leader.

Two outstanding leaders will be recognized. One will be recognized as a new leader with one or two years of volunteer service and the other as a seasoned leader with 3 or more years of service. Both leaders will be recognized at the NE WA Fair and the Stevens County Awards Banquet held in November. The seasoned leader will receive recognition at the State 4-H Forum in Ocean Shores in October.

Nomination forms are included in this issue and are due back to the extension office by August 5.

Educational Posters

Fair time is just around the corner and it's time to get those educational posters done. All 4-H members exhibiting at the NE WA Fair are required to display a poster. See the fair premium book for additional rules.

Tips for a terrific poster:

Make sure it grabs attention—visuals should be interesting, colorful, and creative.

Have a border—borders can be created with actual lines or open margins.

Have consistent lettering—select a style easy to read and limit the number of styles to three. Make sure it can be read from ten feet away.

Have a third dimension—gimmicks attract the reader. Try to create the illusion of the poster jumping towards you.

Include essential information—keep information direct and to the point. People need to get all the information as they walk past your poster.

Pay attention to detail—check you spelling, keep things straight (erase any guidelines), and keep your poster clean.

*“If you don't have time now to do it right, when will you find the time to do it over?”
 derived from Henry Wadsworth Longfellow*

Cooperating Agencies: Washington State University, USDA, and Stevens County. Extension programs and policies are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

Character Education

Ten Commandments for Parents of Youth with Animal Science Projects

Ten Commandments for Parents of Youth Competing in Animal Science Competitions

“Doing the right thing” as a parent isn’t always easy. However, the following list of “Ten Commandments” can act as a guide for parents when it comes to teaching their youngsters about the responsibility of raising and showing animals:

1. Thou shalt not feed, train and care for the animal, for thou art trying to teach the child responsibility.
2. Thou shalt forgive a child for making mistakes in the show ring, for thou hath made mistakes too.
3. Thou shalt not get mad when thy child forgets items in the show box, for one day thou may forget the show box.
4. Thou shalt help the show management for they are doing a job that thou would not want to do.
5. Thou shalt see that thy child is on time for all show activities, for thou would not want to wait on another.
6. Thou shalt be sure that thy child has the animals entered and the registration papers in order by the designated time.
7. Thou shalt teach the child that winning a blue ribbon is a desirable goal, but making friends along the way is a more worthy goal.
8. Thou shalt not complain about the judge for it is his/her opinion that has been sought.
9. Thou shalt remember that livestock projects are teaching projects, not necessarily moneymaking projects.
10. Thou shalt remember that the livestock project is a family project that shall be enjoyed and supported by the entire family.

—Excerpted from the *Citrus County (Florida) 4-H January '98 Newsletter*

Upcoming Events and Opportunities

Horse Program Meeting...The next 4-H horse program meeting is **August 9** at 6 p.m. at the NE WA Fairgrounds in Colville.



Horse Shows...Mark your calendars for Haynickers Hay Day on **July 31**. This is a Western Games state-qualifying event. And then, Summit Spirits will be holding a 4-H and Open Horse Show on **August 6**. Both shows will be held at the NE WA Fairgrounds in Colville. Show entry forms are available at the extension office.

4-H Food Contests...State-qualifying food contests will be held on **August 25** at the NE WA Fair. To register you need to complete a fair pre-registration form found in the fair premium book. Contests include Foods for All Occasions, Bread Baking, and Food Preservation. New this year is the Favorite Food Activity, Lunch on the Go Activity, Quick to Fix Meals Activity, and Table Setting Activity. For more information on any of the contests call the extension office at 684-2588 or visit <http://stevens.wsu.edu/FourH/projects/foodproject.htm>.

The Future of 4-H Camp Princess

Pine...The future of Camp Princess Pine will be discussed at the next Leaders' Council Meeting on **August 10 at 5:30 p.m.** at the extension office. If you have any ideas for the long-term use of the camp or even short-term, now is your chance to share as Leaders' Council works on the development of a long-range plan for the future of the camp.

Volunteer Opportunity...The Washington State 4-H Association (agents, program assistants, specialists, and administration) is hosting the National Extension Agents 4-H Association meeting October 30 – November 4 in Seattle. About 1200 guests are expected for the event. Volunteers will be needed to help with registration, handling of AV equipment, greeting guests, introducing speakers, and more. **Sunday, October 30** will be "4-H Day at the Pike Place Market." 4-H groups from all over Washington are invited to set up a station or interactive display at the Market from 10 a.m. to 3 p.m. If your club would like to help contact Jeanette at 684-2588.

Future Events to Put on Your Calendar...

NE District Teen Rally—October 1 and 2 in Conconully (20 miles from Omak). The rally theme will be: Git 'er Done: Take Charge with 4-H. Teens are encouraged to be a part of the newly reactivated 4-H teen programming being implemented in Washington State by attending this rally. 4-H teens may apply for State Ambassador positions, County Teen Representatives, or just be involved in the leadership, community service, and fun activities teen rally offers.

All Leaders' Meeting and Banquet—October 6 at 6 p.m. at the NE WA Fairgrounds. Watch for details!

Washington State Make it Yourself with Wool Finals and the Washington Sheep Producers Convention—will be held in Colville on November 5.

4-H Awards Banquet—November 6 at 2 p.m. in Hunters.

4-H News

Murdoch's Sponsorship of 4-H...In March of 2005 Murdoch's Corporation signed on as a 4-H sponsor in the western states where their stores are located. An important part of this partnership is having 4-H visible at the Mead, WA Murdoch's store. Over the summer Murdoch's is looking for 4-H clubs and their members to help out at Green Bluff events or at the store by hosting educational and/or fundraising events (petting zoo, car wash, bake sale, pet photo's, etc.). If you would like to do any of these activities contact Spokane County 4-H at 477-2166. Anita Raddatz in their office will be coordinating the 4-H efforts. This is a great way to thank Murdoch's for supporting 4-H!

Murdoch's has provided us with a supply of store flyers and discount cards (limited supply) for 4-H members. These are available at the extension office on first come first serve basis to main club leaders to distribute to 4-H members.

You will need to read the back of the discount cards to determine what is eligible for discounts.



State 4-H Fair...The State 4-H Fair is just around the corner. If you would like an advance look at the schedule of events or to see what still life exhibits you would like to send (eligible if you earn a blue ribbon at a local fair!) you can view the premium book on line at <http://4-h.wsu.edu/statefair/premium.htm>. The premium book is only available on line this year, so don't keep looking in your mailbox if you usually get one.

4-H Club Financial Summaries...Just a reminder that each club will be **required** to submit a financial summary for their 4-H club at the end of this 4-H year. So make sure you keep copies of expenses and revenues. Sometimes a club will encounter more of these during fair season! If you have any questions call the extension office at 684-2588.

Cougar Corner

It's almost time to head back to school and it's never too early to start thinking about your future plans.. Washington State University's academic programs rank among the best in the nation and have received international recognition. We offer an exemplary learning environment that provides critical hands-on experience in your area of interest, courses taught by world-class faculty, and numerous resources to help you achieve a competitive edge. Explore **245 fields of study** (search alphabetically or by academic area, college, or campus), with a comprehensive listing of all **academic majors** by visiting this site http://www.it.wsu.edu/AIS/ADM/cgi-bin/ug_majors.cgi?site=FS&sel_1=academics&sel_2=acad_offerings.

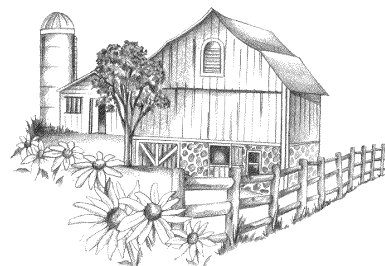
—Debra Kollock, NE WA Learning Center Coordinator

WSU Extension News

Preserving Your Food Safely...Did you know that you should have your dial gauge pressure canner tested yearly before you begin your canning? Testing will determine whether your canner is working properly to provide you with a safe food product. A trained WSU Food Safety Advisor does testing at the extension office. 2005 dates are **August 2 and 16 and September 15 from 1-3 p.m.** Canner lids may be dropped off earlier if you can't make these time.

Do you have a pressure canner, but aren't sure what to do with or how to use it? Then join WSU Food Safety Advisor Bonnie Stichart as she conducts a free workshop on canning techniques, product selection, and the dos and don'ts of pressure canning on **August 10**. Meet at the extension office in Colville (985 S. Elm) at 6 p.m. for this 2-hour demonstration. Contact the extension office at 684-2588 for information.

Sustainable Small Acreage Farming and Ranching Class...WSU Stevens County Extension is planning a 12-week course beginning September 13. Registration closes September 2. Course fee is \$125 (partial scholarships are available). This class examines your farm resources (land, structures, equipment), your financial resources, and your family resources and goals. At the conclusion you will have a farm plan detailing production systems, marketing options, and financial management. Call 684-2588 with any questions. Visit <http://stevens.wsu.edu/Agriculture/SSAFR.htm> for more details.



2005 Stevens County 4-H Calendar of Events

July

31 Haynickers Hay Day, Western Games State Qualifier

August

5 Outstanding Leader Nominations Due
9 Horse Program Meeting, 6 p.m. at the fairgrounds
10 Leaders' Council, 5:30 p.m. at the extension office
13 Valley Fair
20 Hunters Fair
25 Foods Contest at the NE WA Fair
25-28 NE WA Fair

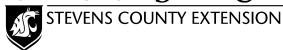
September

1 Washington State 4-H Council Recommendations Due
9-25 State 4-H Fair
13 Leaders' Council and Church Camp Board Meeting
13 Leaders' Council Meeting
16 Outstanding Teen Nominations Due
30 Record Books are due for County Judging

October

1 New 4-H Year Begins
1-2 NE District Teen Rally
2-8 National 4-H Week
6 All Leaders' Meeting and Banquet
12 Leaders' Council, 5:30 p.m. at the extension office
14-16 State 4-H Forum, Ocean Shores
15 County Medal Applications Due

WASHINGTON STATE UNIVERSITY



Washington State University Cooperative Extension helps people develop leadership skills and use research-knowledge to improve their economic status and quality of life

Al Kowitz
County Extension Director

Helping You Put Knowledge to Work

AK:slg

4h\clover\august 2005

Persons with a disability requiring special accommodations while participating in this program may call WSU Stevens County Extension 509-684-2588. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on site. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office.

**For more
information on any
of these activities
contact the
extension office at
684-2588.**

**Visit this site for a yearlong
calendar**

**[http://stevens.wsu.edu/FourH/
upcomingevents.htm](http://stevens.wsu.edu/FourH/upcomingevents.htm)**

August 2005 Clover Quest

1. Who will you be nominating for Outstanding 4-H Leader?
2. Who is the new 4-H sponsor?
3. Name one of the new food contests you can participate in:
4. What can you do to make your educational poster stand out from everyone else's?
5. When and where is the 4-H Awards Banquet?
6. How many fields of study can you explore at WSU?
7. When does the new 4-H Year begin?
8. Where can you get your pressure canner tested?
9. When is the next horse program meeting?
10. What is on the August 10 Leaders' Council Agenda?

Points are available if your club submits an article for the next issue of Clover Courier or if you send a representative to a Leader's Council meeting.

Your club president, secretary, and 3 other members must sign the back of this form to be an eligible entry! If you have less than five members—everyone must sign! Make sure your club name is on the back.

Return to WSU Stevens County Extension
985 S. Elm Ste. A, Colville, WA 99114 by September 15, 2005