

Clover Courier

February 2008

4-H

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sent to each 4-H family

A Message from Jeanette

Washington State 4-H policy requires each 4-H club/group to complete an annual financial report to be submitted to the county extension office on January 31 for the previous 4-H year. This means that each 4-H club was required to submit a financial summary on January 31, 2008 for the 4-H year October 1, 2006-September 30, 2007. Stevens County will not be able to re-enroll a club until financial summaries are received in our office.

The following clubs have submitted financial summaries for the past year:

- Better Beef II
- Country Club
- Echo Hill
- Haynickers
- Haynickers II
- Hidden Valley
- Horse 'n Around
- Mountain Riders
- Panorama 4-Paws
- Rogers Family
- Singing Spurs
- Summit Spirits
- Valley Community
- Valley 4-H
- Yuppie Puppies

I express a BIG thank you to those clubs that have complied with Washington State 4-H policy in such a timely manner.

If your club is not listed, please submit your financial summary soon. Do not hesitate to call the extension office with any questions or concerns.

Stevens County 4-H Leaders' Council and Horse Program Leaders have each submitted their financial summaries. These summaries have been forwarded to the Washington State 4-H Foundation as required by State 4-H policy.



Character Education

Washington State 4-H promotes character building as a piece of their program to build positive life skills with youth. The following suggestions from the Josephson Institute are helpful character building reminders for leaders working with 4-H youth.

Character building is most effective when you regularly see and seize opportunities to:

1. Strengthen awareness of moral obligations and the moral significance of choices (ethical consciousness).
2. Enhance the desire to do the right thing (ethical commitment).
3. Improve the ability to foresee potential consequences, devise options, and implement principled choices (ethical competency).

Be Consistent

The moral message you send must be clear, consistent, and respectful. Children will judge your values not by what you say but by what you do. They will judge you not by your best moments but by your last worst act. Thus, everything you say and do, and all that you allow be said and done in your presence, either reinforces or undermines the credibility of your messages about the importance of good character. Over and over, use the specific language of the core virtues—*trustworthiness, respect, responsibility, fairness, caring, and citizenship*—and to be as firm and consistent as you can be about teaching, advocating, modeling, and enforcing these “Six Pillars of Character.” When you are tired, rushed, or under pressure you are most tempted to rationalize. It may help to remember that the most powerful and lasting lessons about character are taught by making tough choices when the cost of doing the right thing is high.

Be Concrete

Messages about good attitudes, character traits and conduct should be explicit, direct, and specific. Building character and teaching ethics is not an academic undertaking, it must be relevant to the lives and experience of your children. Talk about character and choices in situations that your children have been in. Comment on and discuss things their friends and teachers have done in terms of the Six Pillars of Character.

Be Creative

Effective character development should be creative. It should be active and involve the child in real decision-making that has real consequences (such as teaching responsibility through allocating money from an allowance or taking care of a pet). Games and role-playing are also effective. Look for “teaching moments,” using good and bad examples from TV, movies, and the news.

The Six Pillars of Character

Trustworthiness, Respect, Responsibility, Fairness, Caring, And Citizenship.

“Children need models rather than critics.”

—Joseph Joubert

Upcoming Events and Opportunities

International Home-Stay Families Needed

Wondering how to make a month of your summer vacation fun and exciting for you and a special guest? How about by becoming a 4-H home-stay family?

The 2008 International Exchange Program is looking for home-stay families from mid-July to mid-August. Exchange students are 12-18 years old and are placed with families who have a boy or girl close to the same age as the international student. You may also host an adult for a two-week period.

Another opportunity: International boys and girls are looking for year-long high school placements in the United States. For more information and home-stay applications contact 4-H Exchange Coordinators Judy or Larry Cressey at 684-8300 or the Extension office at 684-2588.

4-H Science Camp-In... *Experience Pacific Science Center Overnight!*

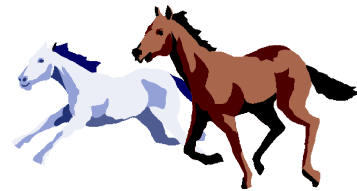
4-H youth and their friends in grades 3-8 are invited to the Pacific Science Center on **April 12-13** for an overnight science experience. Explore the night sky in the planetarium, and delve into the **Mysteries of Outer Space** in the Star Astronomy workshop. Embark on an educational journey through hands-on exhibits, take a trip to the tropics in the Tropical Butterfly House and spend the night sleeping among the exhibits! Wake up to a live science demonstration and an IMAX film. Registration is \$40 per person and is due by March 28. Contact the extension office at 684-2588 for a registration form or visit <http://4h.wsu.edu/conferences/campin/>

Stevens County Horse Bowl

A Horse Bowl competition is being introduced for Stevens County 4-H youth on March 22, 2008 at the extension office. Check in time is 10:00 a.m.

Youth interested in participating in Horse Bowl must register by March 7 by contacting the WSU Stevens County Extension office at 684-2588. It is important to register so plans can be made for the exact number of youth participating. Adult volunteers are also needed to be timekeepers, scorekeepers, room monitors and adult coaches. If you can help in this area, please call the extension office.

For details about Horse Bowl, refer to "Washington State Horse Bowl Contest Rules" EM4874 or contact Horse Bowl coordinator, Tonya Murray at 935-7315 or tntmotor5@aol.com.



Northeast WA Fair Logo Contest!!

The NE WA Fair is held August 21st through the 24th. The 2008 theme has been selected and the fair board will again be offering a **free T-shirt and a \$25.00 prize** to the winning logo artist. The theme this year is "Take a Walk on the Farm Side". This is open to all ages so don't be shy and give it a try. You don't have to be a great artist, just have fun and enjoy. **Deadline for submissions is April 11.** Mail entries to Lori Matlock, P.O. Box 282, Colville, WA 99114.

2008 Area Public Presentations Contest Schedule



- March 8 at 1 p.m. at Onion Creek School
- March 16 at 1 p.m. at Evergreen School in Gifford
- April 9 at 4 p.m. at Gess Elementary in Chewelah
- April 16 at 3:30 p.m. at the extension office in Colville
- **County Finals Contest**—April 23, 4:00 p.m. at Gess Elementary School in Chewelah

Check out the online resources for public presentations at <http://stevens.wsu.edu/FourH/fourfirst.htm> and click on "Public Presentations".

New Leader Training

Our Stevens County 4-H Policy requires all new main club leaders to complete New Leader Training during their first year of enrollment. The next session of New Leader Training will be held on **Wednesday, April 2, 2008** at the extension office. This training will begin at **1:00 p.m. and end at 4:00 p.m.** Youth leaders and experienced adult leaders are welcome and encouraged to attend and learn the newest updates in 4-H programming and recent policy changes. Please call the extension office if you plan to attend so we can have materials available for all attendees.

All leaders are encouraged to complete E-Learning for 4-H Volunteers, basic volunteer training that is available on-line, packaged, and ready to go. This training is available at <http://4h.wsu.edu/4HModule1Demo/default.html> Our county extension office receives notification of youth and adult leaders in Stevens County that complete E-Learning.

4-H Record Book Workshop

Due to the great positive response to Elissa Wellhausen's Sensational Saturday Record Book classes she has decided to teach a three hour Record Book workshop on **March 20, 5:30 to 8:30 p.m.** at the extension office. The goal is to instruct parents and leaders about how a record book should look, what should be included, and how to encourage members to do a book. Call Shasta or Jeanette for more information at 684-2588.



4-H News

Visit the Show Me State!

The Stevens County 4-H Exchange Club is busying preparing to host a group of 4-H members from Franklin County Missouri this summer. Tentative dates are July 13-19. If you are in grades 7-12 and interested in a fun exchange experience call Shannon at 684-2588 to join the club. We are looking for host families for summer 2008. Those who host would be eligible to travel to Missouri in the summer of 2009. We do fundraisers throughout the year to help pay for the trip.

Franklin County, Missouri is located about 1 hour west of St. Louis. The county seat is Union. Franklin County is a mostly rural county with a wide variety of agricultural interests. The exchange group is split between those who live on farms, and those who live in communities of 5000-10,000 (but they still have that small town feel!). Possible activities would include visiting one or more of the St. Louis attractions including the world famous St. Louis Zoo, the Gateway Arch, Six Flags, the St. Louis Science Center, the Magic House, or others. The visit could also include a canoe float trip down one of the many rivers in the area.

Notes from Leaders' Council

Attendance at Leaders' Council meetings is increasing which shows effort of leaders in expanding and improving our county 4-H program. Remember all enrolled teen and adult leaders are members of Leaders' Council and encouraged to attend and be active in directing Stevens County's 4-H programming.

At the last regular meeting on February 13, a re-cap of Sensational Saturday was held. Leaders felt the day went well with skillfully planned and balanced attendance at all workshops. Moving the complimentary pizza lunch to Community College's Kalispel Room was favorable with everyone. The youth and adults teaching workshops and assisting with other areas of the day are sincerely thanked and appreciated. Leaders' Council will request use of the Community College on February 7, 2009 for next year's Sensational Saturday.

Leaders' Council approved scholarships for enrolled 4-Hers' attending the "I Make a Difference," a refresher 4-H leaders training conference, and Science Camp-In. Robin Karsh volunteered to chair a window display competition during National 4-H Week October 5-11. Clubs are encouraged to create window displays in their local communities. Watch for more information coming.

The committee working on updating Stevens County's 4-H policy plans to have a draft submitted to Leaders' Council at their March meeting. If you have input, contact Debbie Harbin, Robin Minaker, Helen Burgess or the extension office. Tonya Murray has been coordinating an effort to expand horseless horse activities in Stevens County. **Horse Bowl is scheduled for March 22, 9:00 a.m. to 3:00 p.m.** at WSU Stevens County Extension. Volunteers are needed to serve as timekeepers, scorekeepers and room monitors. Call Tonya at 935-7315 or the extension office if you can help.

Leaders' Council meets on Tuesday, March 11 following a joint meeting with the Church Camp Board that leases Princess Pine 4-H Camp.

Congratulations to Brittany Minaker who has been selected to represent Stevens County 4-H as a County Teen Representative. Brittany is a current member of the Haynickers II 4-H club and is serving as club president. County Teen Representatives receive training in leadership and program development in order to improve and facilitate communication throughout the county and local teen programs, and organize county and district youth events and activities.

Club members in grades 6, 7 and 8 interested in this leadership opportunity can call the extension office for more information. **Training will be held March 8, 2008.** The cost is \$10.00 per person, and Leader's Council will provide scholarships if needed.

Haynickers II Club News

Election of new officers was held in November:

- President—Brittany Minaker
- Vice-President—George Wishon
- Treasurer—Austin Minaker
- Co-secretaries—Tasha and Tora Luu
- Reporter—Mary Larsen



We welcomed all who have recently joined our club: Robin and Steve Minaker, adult leaders; and Brittany, Andrew and Austin Minaker, club members. We also have some new members who were not able to be at the meeting. We will introduce them at the next meeting. We will be working on Record Books at the end of each of our regular meetings. Helen Burgess will provide informational and forms; plan to stay a few minutes after the meetings.

Halloween party at Burgess's was a lot of fun. The haunted barn was great! There were fun games and a hay ride, potluck lunch including hot dogs roasted on a stick and toasted marshmallows. Canned food and hot dogs left over were donated to the Colville Food Bank. We donated 54 pounds of food valued at \$81.00.

Submitted by Mary Larsen, Reporter.

Meat 'N Good Times Livestock Judging Event

4-H State Qualifying Livestock and Dairy Judging contests will be held on Saturday, April 5 at the Arden Community Hall and Arena from 8:00 a.m. to 3:30 p.m.

The event is sponsored by the Haynickers II, Valley Community 4-H, and The Milking Crew Clubs.

For more information call Helen or Marv Burgess at 684-1523 or Dean Hellie at 935-0756

The next Stevens County Livestock Program Meeting will be held March 10, 5:30 p.m. at the extension office.



Local 4-Her Wins National 4-H Small-bore Rifle Postal

Denise Martin, a member of the Colville Sharpshooters 4-H Club, fired a National Championship 3 position score, 274 points of a possible 300, to win the junior division of the 2007 NRA - 4-H Rifle Postal Match. This score not only defended her title, but made her a two time National champion in this event. Her 274 score was the highest individual score of all competitors.

In December Denise fired qualifying scores securing an invitation to the prestigious National Junior Olympics to be held in Colorado Springs, CO in April. She has set a personal goal at this event to be named to the National Development Team.

Denise has sights on competing in the 2012 Olympics to be held in London. She is aspiring to compete on a college rifle team and while earning a college tuition scholarship to study veterinary science. Denise is the daughter of Fred and Grace Martin and an 8th grader at Chewelah Middle School. She has been a 4-H member for seven years.

Jerry Cline serves as the Stevens County Shooting Sports Program Leader and main leader of the Colville Sharpshooters Club. Contact Jerry at 684-4392 or the Extension office at 684-2588 to learn more about 4-H shooting sports. The skills youth learn in 4-H shooting sports become positive life-long skills.

Know Your Government

The first ever 4-H Know Your Government Caucus was held January 23, 2008. Stevens County's delegation participated in the state-wide WECN event presenting topic issues, resolutions, and planks formed by the group during their orientation sessions held prior to the caucus. Know Your Government was held in Olympia February 16-19, 2008. Larry Cressey served as Stevens County's KYG coordinator and was assisted by Diane Wenrich, who also

chaperoned the delegation. Youth attending were Jennifer Brown, Josh Groneold, Heather Harbin, Tashiara Payne Holden, and Halie Logue. Josh was Stevens County's candidate for Governor of the KYG conference. You may view the caucus by visiting: <http://eces.wsu.edu/video/stream.html>

Hello From New 4-H Support Staff Member Shasta Hincke

Hello all you 4-Hers!! I am glad to be working here at the WSU Extension office.

I've lived in the Colville area for about 18 years, and I was in 4-H when I was in grade school.

Shannon Gordon and Jeanette Cornwall are helping me learn my new job. The first big project that I got to help with was Sensational Saturday. If you came to this fantastic, fun event you may have seen me there. I am looking forward to meeting many of you at future events, and learning more about your projects and activities.

There sure is a lot happening in Stevens County 4-H! Wow!

~Shasta

A Big Welcome to New 4-H Clubs

Stevens County is proud to welcome the following new clubs to our community!

- The Clayton All Rounders and leader Ammy Nord
- Evergreen 4-H Club and leader Angela Yarnell
- Just Hoofin' and leader Kacee Lantz
- Rocky Ridge Horse and leader Dave Colvin
- Northern Meadows 4-H Club and leader Tonya Murray.



WSU Extension and Learning Center News

Cougar Corner

WSU NE WA Learning Center and Distance Degree Program Open House—March 20 from 4-5:30 p.m. at 985 S. Elm in Colville.

Drop by the learning center and learn how you can get started in one of Washington State University's on-line degree programs. On-line undergraduate degrees available:

- Business Administration – Entrepreneurship
- Business Administration – Management and Operations
- Business Administration – Management Information Systems
- Criminal Justice
- Human Development
- Humanities
- Social Sciences
- Women's Studies

Talk with an academic advisor, career counselor, or financial aid advisor to get your questions answered. Individual appointments are available in the afternoon.

There will be snacks and door prizes. At 5:30 p.m. you are invited to attend a seminar on Maintaining Emotional Intelligence in the Workplace presented by WSU faculty member Jeanie Pittman. To sign up or if you have any questions please call Shannon at 684-2588 or e-mail sgordon@wsu.edu.



2008 Stevens County 4-H Calendar of Events

March

- 1 4-H Scholarship Applications due
- 8 Onion Creek Public Presentations, 1:00 p.m.
- 8 CTR Leadership Training, Spokane County
- 10 Livestock Leaders Meeting, 5:30 p.m. extension office
- 11 Leaders' Council, 5:00 p.m. meeting with Church Camp Board followed by regular Leaders' Council meeting
- 15 Tack Swap, Spokane County
- 16 Evergreen (Gifford area) Public Presentations, 1:00 p.m.
- 22 Horse Bowl, 9:00 a.m. to 3:00 p.m., extension office

April

- 2 4-H New Leader Training, 1:00 p.m. to 4:00 p.m., extension office.
- 5 Meat 'n Good Times, Arden Hall
- 9 Chewelah Area Public Presentations, 4:00 p.m.
- 9 Leader's Council, 5:30 p.m., extension office
- 12 Pacific Science Center 4-H Camp In, Seattle
- 16 Colville Area Public Presentations, 3:30 p.m., extension office
- 23 Public Presentations County Finals, 4:00 p.m., Chewelah
- 30 4-H Horse Certificates Due

May

- 6-11 Spokane Jr. Livestock Show, Spokane Fairgrounds
- 10 May Madness Performance State Qualifier
- 14 Leaders' Council Meeting 5:30 p.m. at the extension office
- 31 Last day to add 4-H Projects for NE WA Fair Participation

June

- 7 Princess Pine 4-H Fishing Derby
- 11 Leader's Council, 5:30 p.m. extension office
- TBA Haynickers Hay Day Western Games State Qualifier
- 19 County Activity Day, Colville City Park
- 21 Dog, Cat and Small Animal Fun Show
- 21-28 State Grange Convention, Colville
- 28-7/1 State 4-H Teen Conference, Pullman

WASHINGTON STATE UNIVERSITY
 STEVENS COUNTY EXTENSION

Washington State University Cooperative Extension helps people develop leadership skills and use research-knowledge to improve their economic status and quality of life

Jeanette Cornwall
 4-H Program Director

Helping You Put Knowledge to Work

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Persons with a disability requiring special accommodations while participating in this program may call WSU Stevens County Extension 509-684-2588. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on site. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office.

February 2008 Clover Quest

1. Which 4-H'er has been selected to be a County Teen Representative?
2. How can you acquire the information to help with Public Presentations?
3. What is the deadline for registering for the Stevens County 4-H Horse Bowl?
4. Who won the junior division of the 2007 NRA - 4-H Rifle Postal Match?
5. Where is the Stevens County 4-H Exchange club planning to visit next year?
6. When is the deadline for adding 4-H projects to NE WA Fair?
7. What competition is planned for Stevens County 4-H clubs during National 4-H Week?
8. What is the theme for the 2008 Pacific Science Center Camp-In?
9. Where will the "Meat 'n Good Times" livestock judging event be held?
10. What is the theme for the 2008 NE WA Fair Logo contest?

Points are available if your club submits an article for the next issue of Clover Courier or if you send a representative to a Leader's Council meeting.

Your club president, secretary, and three other members must sign the back of this form to be an eligible entry! If you have less than five members—everyone must sign! Make sure your club name is on the back.

Return to WSU Stevens County Extension, 985 S. Elm Ste. A, Colville, WA 99114 by April 18, 2008