

# Clover Courier

March 2005

# 4-H

### Inside This Issue

Public Presentations ..... 1

Character Education ..... 2

Upcoming Events ..... 2

4-H News ..... 3

Cougar Corner ..... 5

WSU Extension News ..... 5

Calendar of Events ..... 6

Clover Quest ..... 7



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 stevens.wsu.edu

sent to each 4-H family

**4-H Public Presentations...**A 4-H Public Presentation can be a demonstration or an illustrated talk. It should teach a skill, concept, or principle. At area and county contests your public presentation must be related to a project you are enrolled in.

Public presentations should be from two to ten minutes in length. Maximum length including set-up, questions, and clean-up is twenty minutes.

You may use live animals if appropriate. You are encouraged to use life-like models, miniature models, and/or illustrative materials where practical to visualize your presentation. Visuals should enhance the understanding of your presentation, be legible, and easily seen.

Blue ribbon winners at area contests may advance to the county finals contest. Junior, Intermediate, and Senior blue ribbon winners at the county contest will advance to the State 4-H Fair competition.

You can contact Public Presentation Program Leader McCanna at 935-8942 for more information. She can also visit your club and teach you how to prepare and deliver a blue ribbon presentation.

### 2005 Area Public Presentation Contest Schedule

- March 13 at 1 p.m. at Onion Creek School
- March 20 at 1 p.m. at Evergreen School in Gifford
- April 13 at 4 p.m. at Gess Elementary in Chewelah
- April 20 at 3:30 p.m. at the extension office in Colville

### 2005 County Finals Contest

- May 3 at 4 p.m. at Gess Elementary in Chewelah

**Visit <http://stevens.wsu.edu/FourH/publicpres.htm> for more information and resources.**

*“The secret of getting ahead is getting started.”—Sally Berger*

## Character Education

### The Power of Responsibility

It's been said that the line between childhood and adulthood is crossed when we move from saying, "It got lost," to, "I lost it." Indeed, being accountable, and understanding and accepting the role our choices play in the things that happen, are crucial signs of emotional and moral maturity. That's why responsibility is one of the main pillars of good character.

Many people of adult age as well as adolescents have been seduced by the Peter Pan philosophy of refusing to grow up and avoiding the burdens implied in being responsible. Yes, responsibility sometimes requires us to do things that are unpleasant, or even frightening. It asks us to carry our own weight, prepare and set goals, and exercise the discipline to reach those goals. But the benefits of accepting responsibility far outweigh the short-lived advantages of refusing to do so. No one makes his or her life better by avoiding responsibility. In fact, irresponsibility is a form of self-imposed servitude -- to circumstances and other people.

Responsibility is about our ability to respond to circumstances, to choose the attitudes, actions and reactions that shape our lives. It is a concept of power that puts us in the driver's seat. The grand panorama of the potential of our lives can only be appreciated when we begin to be accountable and self-reliant. Responsible people not only depend on themselves, but show others that they can be depended on. This breeds trust, and trust is a key that opens many doors.

So if you want more control over your life and the pleasures, prerogatives and power of freedom and independence, all you have to do is earn it by being responsible.

—Michael Josephson for the Character Counts! Coalition

## Upcoming Events and Opportunities

### Feeding Show Animals for

**Performance...**If you missed this great opportunity at Sensational Saturday, you have a second chance to attend. Spokane County 4-H and Land 'O Lake Purina Feed LLC present *Feeding Show Animals for Performance* featuring Dr. Kevin Burgoon, an expert in show animal nutrition. It will be held **February 28** at 6 p.m. at WSU Spokane Extension, 222 N. Havana in Spokane. Call 477-2048 for info.

**Meat 'n Good Time...**Saturday, **April 16** at the Arden Community Hall and Arena. This is a fun and educational experience including livestock judging and a skill-a-thon for youth in market livestock projects. Prizes for winners in each age division. For info call Helen Burgess at 684-1523 or Dean Hellie at 935-0756.

**Horse Program Meeting...**Horse leaders are meeting **April 12 at 6 p.m.** at the extension office. Planning summer schedules is on the agenda.

**New Leader Training...**Mark your calendars for the next session of New Leader Training on **April 19** from 1–4 p.m. at the extension office. *Open to new and experienced leaders!*

Mark your calendars now for the second annual **All Leaders Meeting on October 6.** Dinner and a great door prize will again be a part of the agenda for this program held at the Ag Trade Center in Colville.

**4-H Science Camp-In...** Come face to face with a live snake in the "Snakes" live science demonstration! Be a weather watcher in the "What's Up With Weather?" workshop. Become a super skywatcher in "The Night Sky" planetarium show! Get blown away by a fantastic mix of lasers, music, and science in the "Lasermania" live science demonstration and laser show. And much, much more!!!

4-H youth and their friends in grades 3-8 are invited to the Pacific Science Center on **April 23-24** for an overnight science experience. Registration is \$40 per person and is due by April 1. Contact the extension office at 684-2588 for a registration form or visit <http://4h.wsu.edu/conferences/CampIn/>.

**Shooting Sports Training...** The training is set for **April 15-17** in Republic. Disciplines offered will be archery, rifle, and shotgun. Contact the extension office at 684-2588 for information.

National training will be held **May 15-19** at YMCA Camp Reed, south of Newport. Registration is \$150 and available at <http://4h.wsu.edu/projects/shooting.htm>.

## Volunteer Opportunities

**County Teen Program...** We are looking for a volunteer to coordinate a 4-H teen program. If you are interested or have ideas for a teen program contact 4-H Program Assistant Jeanette Cornwall at 684-2588.

**All Leaders Meeting...** Clubs interested in presenting flags, serving as greeters, or decorating at the All Leaders Meeting in October should call Jeanette at 684-2588. This would make a great community service project!

**Exchange Program...** Looking for a fun and exciting way to spend a month of your summer vacation? If yes, consider becoming a 4-H Homestay Family. WSU Extension is currently recruiting for homestay families for the 2005 summer 4-H Exchange Program.

Students arrive mid-July and stay approximately 4 weeks until mid-August. Japanese students range in age from 12 years old through 18 years old. Japanese students are placed in homes where there is at least one child close to the same age as the Japanese student. Students from other countries are approximately 18-23 years of age. You need not have a child in the home the same age as these students. For information and homestay applications contact 4-H Exchange Coordinator Judy Cressey at 684-8300 or the extension office at 684-2588.

## 4-H News

**New Horse Schedule at State Fair...** The State Fair has developed a new order for horse events at the State Fair. Mark your calendars now if you are hoping to qualify, because this schedule is considerably different than previous years:

- September 7-11: Intermediate Performance
- September 11-14: Senior Performance A
- September 14-17: Senior Performance B
- September 17-18: Senior Performance Champions
- September 18-19: Intermediate and Senior Harness
- September 19-22: Intermediate Western Games
- September 22-25: Senior Western Games
- September 10: Horse Judging and Groom Squad
- September 17: Equine Public Presentations (for national contest)



**Welcome to Our New Clubs and Leaders...** Congratulations and welcome to the following leaders who completed New Leader Training in February: Michelle Bournonville, Donna Higgins, Sheryl D'Uva, Grace Martin, Matt Harbin, Brandi Armstrong, Patricia Curran, and Owen Pullen. Also please welcome two new clubs, Chaddewelah and Horses in Sync, that started this fall.

**4-H Treasurer's Summary...** Kudos to Valley Community 4-H, Singing Spurs, and Hunters Community 4-H for submitting the annual financial report by January 31! This is now a requirement for all clubs, including Leaders' Council and the Horse Program. Contact the extension office if you need forms or information. Module V of the volunteer training modules at <http://4-h.wsu.edu/VTM/index.htm> has online help.

Visit the Stevens County 4-H website for 4-H forms, event and project information and more!

<http://stevens.wsu.edu/FourH/fourhfirst.htm>

**Big Tree Contest...** Two Stevens County 4-H clubs are busy growing their trees for the Big Tree Contest at the NE WA Fair. Participating 4-H clubs and FFA groups received trees in November and will try to grow the biggest tree by fair time. Trees will be judged at the fair and then auctioned off to the public. If your club is interested in participating next year contact the extension office at 684-2588.



**Pop Tab Collection...** Haynickers II is collecting pop tabs and donating them to the Ronald McDonald house. Tabs can be brought to Helen Burgess at work (Super 1) or contact anyone in the club. If you have an event where pop will be served the club can provide a collection container. Call Helen at 684-1523 for more details.

**Horse Certificates and Commitment to Excellence...** Just a reminder that all 4-H horse project members are required to have a horse certificate and commitment to excellence turned into the extension office by **April 30**. Check with your 4-H club leader if you need to get forms or see if you have turned yours in.

**Club News...Panorama 4-Paws...** Here begins another year of 4-H. And the year has already kicked off to a superb start! To celebrate the end of the year, the Panorama 4-Paws threw a fantastic celebration commonly known as the Pot Luck. It was definitely a night to remember—the decorations were great and so was all the food, from dinner to dessert. One of the most memorable activities from the Pot Lunch was the elections of the new club officers. Retiring from last year were President Kali Ross, Vice President Luke Engell, Secretary Stephanie Dunn, Treasurer Isaac Engell, and Reporter Kayla Franck. And now for the new 4-H year—elected were President Kayla Aubert, Vice President Tamera Farr, Secretary Kayla Franck, Treasurer Amanda Dunn, and Reporter Desiree Inman. *Submitted by Desiree Inman.*

**Haynickers II...** 4-H club meeting was on November 11. It was at the Larsen's house. We did record books at the 3 p.m. and started the 4-H meeting at 6. Meeting adjourned at 7 p.m. New officers were elected! They are president Sophronia Johnson, Vice President Allishia Burgess, Secretary Kelsey Larsen, Treasurer Kacey Walsh, and Reporter Kinsey Larsen. Kacey Walsh and Kelsey Larsen will call people for meetings, The next meeting is at Helen and Marv Burgess' house at 3:30 on December 19. It is a Christmas Party. You can't go over \$5 for a stinky Santa present. *Submitted by Kinsey Larsen.*



**Free Education Materials for 4-H Youth...** Encourage your 4-H Club to learn more about the agriculture all around them! Beyond a great burger or ice cream, what do cattle do for our lives. The Beef Ag Mag is a new educational newspaper-style flyer designed for 4th-6th graders interested in learning more about cattle and beef, offered to you free from the Washington State Beef Commission. The Ag Mag is a fun, colorful piece that includes activities and information about cattle production, beef nutrition, careers in the cattle industry, food safety, cattle breeds, branding, and the environment. Using the Beef Ag Mag, 4-H'ers will read and interpret graphs and text to develop a well-rounded overview of the beef industry. An Activity Guide for leaders is included in the packet and leaders are encouraged to involve members in three activities covering nutrition, food safety, and beef basics. To order free copies of the Beef Ag Mag for your 4-H Club contact the Washington State Beef Commission: [jmadill@wabeeff.org](mailto:jmadill@wabeeff.org) or phone 206-444-2902. Washington State Beef Commission, 14240 Interurban Avenue South, Suite 225, Seattle, WA 98168.

## Cougar Corner

**Have you considered a career in Health Care?** If you like science, math, or people here are a few good reasons why you might think about a career in Health Care for your future:

- You can make a difference each day in the lives of many different people
- Every member of the team is important
- There are more than 200 health careers to choose from
- Your skills will always be in demand!

There's a wonderful resource for thinking about careers at [www.link2careers.com](http://www.link2careers.com)! Take an in-depth look at: Will You Like It? Will You Fit In? Are You A Good Candidate?

People enter health-related fields because they like to help others and the work can be exciting. Other important factors include job availability—the number of jobs available is greater than the number of trained professionals.

Visit the WSU Nursing Program at: <http://nursing.wsu.edu>

—Debra Kollock, NE WA Learning Center Coordinator

## WSU Extension News

**Upcoming Workshops...** Washington State University has several upcoming opportunities:

- **Structure in the Garden:** Explore types of espaliers in the garden. Learn ways to prune and force plants and trees to form shapes and structures to enhance your garden, soften fences, create walls, or make a conversation piece. Get tips on planting, pruning and caring for these structures. There is a \$5.00 charge. This workshop will be held at the extension office on **March 8 at 6:30 p.m.** Call 684-2588 to register or for more information.
- **Getting Your Business On Line:** Thursdays, **March 10, 17, and 24 at 6:30 p.m.** Interested in doing business on the Internet? Need help with design and building your Web page? Have questions about how the Web works? Then, this workshop is for you. It is designed to help local businesses and artisans understand all the intricacies, issues and ideas for having a presence on the World Wide Web. At the end of this course you will have a Web page for your business. Workshop fee is \$75. Call 684-2588 to register or for information.
- **Chickens in Your Backyard:** Tuesday, **March 15, 6:30 - 8:30 p.m.** Raise your own poultry to produce high-quality chickens and eggs. This workshop will focus on what you need to do it yourself. Learn about breeds; housing and equipment; poultry health; feeds and feeding; costs and processing options. There is a \$5.00 charge. Call 684-2588 to register or for information.

# 2005 Stevens County 4-H Calendar of Events

## March

- 8 Leaders' Council Meeting
- 13 Area Public Presentation Contest at Onion Creek School at 1 p.m.
- 20 Area Public Presentation Contest at Evergreen School at 1 p.m.

## April

- 12 Horse Program Meeting, 6 p.m. at the extension office
- 13 Area Public Presentation Contest at Gess Elementary at 4 p.m.
- 15-17 Shooting Sports Training in Republic
- 16 Meat 'n Good Time at Arden
- 19 New Leader Training, 1-4 p.m. at the extension office
- 20 Area Public Presentation Contest at the extension office at 3:30 p.m.
- 23-24 4-H Science Camp-In at the Pacific Science Center
- 30 Horse Certificates and Commitment to Excellence due

## May

- 3 County Finals Public Presentations at Gess Elementary at 4 p.m.
- 3-8 Junior Livestock Show
- 7 May Madness, Performance Horse State Qualifier
- 15-19 National Shooting Sports Training
- 26 Canine Good Citizenship Testing, 6 p.m. at the fairgrounds

## June

- 11 4-H Fishing Derby at Camp Princess Pine
- 16 County Activity Day
- 25 Small Animal Show, 10 a.m.
- 26 Dog Agility Fun Show, 10 a.m. at the Colville Junior High

**For more information on any of these activities contact the extension office at 684-2588.**

**Visit this site for a yearlong calendar  
<http://stevens.wsu.edu/FourH/upcomingevents.htm>**

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Persons with a disability requiring special accommodations while participating in this program may call WSU Stevens County Extension 509-684-2588. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on site. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office.

WASHINGTON STATE UNIVERSITY  
 STEVENS COUNTY EXTENSION

Washington State University Cooperative Extension helps people develop leadership skills and use research-knowledge to improve their economic status and quality of life

Al Kowitz  
County Extension Chair

**Helping You Put Knowledge to Work**

## March 2005 Clover Quest

1. When is the All Leaders' Meeting?
2. When will Intermediate Western Games be held during the State Fair?
3. What organization is sponsoring the Beef Ag Mag?
4. Where is Meat 'n Good Times held?
5. What is one thing you can do at the Science Camp-In?
6. What are the dates for area public presentation contests?
7. What club is collecting pop tabs?
8. When and where can you learn about raising chickens?
9. Name one leader who completed New Leader Training in February:
10. When will the next state qualifier for Performance Horse be held?

Points are available if your club submits an article for the next issue of Clover Courier or if you send a representative to a Leader's Council meeting.

Your club president, secretary, and 3 other members must sign the back of this form to be an eligible entry! If you have less than five members—everyone must sign! Make sure your club name is on the back.

Return to WSU Stevens County Extension  
985 S. Elm Ste. A, Colville, WA 99114 by April 15, 2005