

Clover Courier

May 2004

4-H

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sent to each 4-H family

County Activity Day...All 4-H members, leaders, and their friends are invited to come to the Colville City Park on **Thursday, June 24** for County Activity Day. The day begins at 9 a.m. and lunch is on your own. The annual event in the park features state qualifying judging contest for foods, clothing, and gardening, an educational poster contest, and a public presentation contest.

Also on the agenda is the ever-popular make ‘n take craft, which will be a garden in a jar. New this year join 4-H Shooting Sports Leader Bob Garrow in Safety with Firearms Workshop and Dean Everson will teach an Archery session. Teen 4-H horse project members will provide fun for the young with a stick horse rodeo. And, back by popular demand are challenge activities for all ages.

Schedule for the day:

9 a.m. - 11:30 a.m.

State Qualifying 4-H Judging Contests for foods, clothing, and gardening.

9 a.m. - 10 a.m.

Educational Poster and Public Presentation Contests
Safe Firearms Handling with Bob Garrow

10 a.m. - 12 p.m.

Make-n-Take Craft "Garden in a Jar"
Stick Horse Rodeo
Dog and Cat Activities

11 a.m. - 12 p.m.

Archery with Dean Everson

11 a.m. - 1 p.m.

Challenge Activities for all ages
Face Painting and Clowning

12:30 p.m.

Awards - Contest Results
Lunch is on your own.



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*“Do what you can with what you have where you are.”
Theodore Roosevelt, 26th US President, author and adventurer*

Cooperating Agencies: Washington State University, USDA, and Stevens County.
Extension programs and policies are available to all without discrimination.
Evidence of noncompliance may be reported through your local Extension office.

Character Education

It's Not Easy...Let's be honest. Ethics is not for wimps. It's not easy being a good person.

It's not easy to be honest when it might be costly; to play fair when others cheat or to keep inconvenient promises.

It's not easy to stand up for our beliefs and still respect differing viewpoints.

It's not easy to control powerful impulses, to be accountable for our attitudes and actions, to tackle unpleasant tasks or to sacrifice the now for later.

It's not easy to bear criticism and learn from it without getting angry, to take advice or to admit error.

It's not easy to really feel genuine remorse and apologize sincerely or to accept an apology graciously and truly forgive.

It's not easy to be consistently kind, to think of others first, to judge generously, to give the benefit of the doubt.

It's not easy to be grateful or to give without concern for reward or gratitude.

It's not easy to fail and still keep trying; to learn from failure, to risk failing again, to start over, to lose with grace or to be glad for the success of another.

It's not easy to avoid excuses and rationalizations or resist temptations.

No, being a person of character is not easy. That's why it's such a lofty goal and an admirable achievement.

—*Michael Josephson for the Character Counts! Coalition*

Upcoming Events and Opportunities

4-H Teen Conference...“Passport to Your Future” is the theme for this year’s annual 4-H Teen Conference, **June 27-30** on the WSU Pullman campus. Teens completing grades 8 and above are eligible to attend. Teen conference is designed so youth will learn new leadership skills, take action in their community through service learning projects, experience campus life, and visit state of the art labs, classrooms, and social arenas on the WSU campus. You will also choose a workshop track in the subject area of your interest and gain in-depth knowledge and training. Tracks include animal science,

creative arts, environmental sciences, fashion and talent, leadership, and technology.

Registration is due **May 28** to the extension office. The conference costs \$190. Stevens County Leaders’ Council will provide \$100 scholarships to enrolled 4-H members and \$190 to enrolled leaders serving as chaperones. For complete conference information and registrations forms visit <http://4h.wsu.edu/conferences/teenconf/index.htm> or drop by the extension office. Call the extension office at 684-2588 if you have questions.

Fishing Derby...For the second year in a row Wal Mart and 4-H have teamed up to sponsor a fishing derby for youth. So grab your poles and head to Camp Princess Pine on Lake Thomas **June 5** from 9 a.m. to 3 p.m. A light lunch will be provided. Prizes will be awarded for biggest fish, first fish, and more. Call 684-2488 to register.

Horse Qualifiers...Mark your calendar for the year's first Western Games State Qualifier on **June 12** at the NE WA Fairgrounds. Contact Cheryl Lentz at 684-6248 for more information.

The Colville Light Horse Show (performance state qualifier) will be **July 10-11** at the NE WA Fairgrounds. Call Christine Moss at 738-2809 for details.

Len Cook Clinic...Two riding clinics for horse project members of all skill levels are scheduled this spring and summer. The first sponsored by Colville Light Horse is **May 29, 30, and 31** at the NE WA Fairgrounds in Colville. Call 738-2809 or 685-1280 for info.

Melody Riders is sponsoring the second clinic **July 21, 22, and 23**. For more information call 935-1246 or 935-7774.

Fashion Revue...School's almost out and it's time to start planning your Fashion Revue outfit for the **July 14** State-Qualifying Fashion Revue. We will also hold the Creative Consumers of Fashion contest at this time.

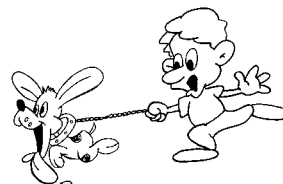
4-H Foods Contests...Plan your menus and bring out your pots and pans. It's time again for the State Qualifying Foods Contests on **July 7** at the Colville Junior High School at 9 a.m.

Contests include Foods for All Occasions, Bread Baking, and Foods of the Pacific Northwest. If you have questions about food contests, what's involved, or why you should participate contact Foods Program Leader Ivy Nelson at 684-2588. Registrations are due June 30—pick yours up at the extension office.

Canine Good Citizenship Testing...Take your dog the NE WA Fairgrounds at 6 p.m. **May 27** to be tested for good citizenship. The test consists of 10 events the dog must pass to get an American Kennel Club—good Canine Citizenship Certificate.

The certificate states that your dog is safe around people. It is also a way of seeing if your dog needs work in certain areas (shy, scared, or aggressive). Tests range from being touched by a stranger and meeting distractions to basic obedience.

For more information contact Jody Hoffman at 684-5977.



4-H News

Fitting and Showing Change...The State 4-H program announced a name change for fitting and showing—in all project areas fitting and showing will now be called showmanship.

Natural Resource Library...A lending library of natural resource videos, interactive CD's, and reference books has been established at the extension office. Visit <http://stevens.wsu.edu/Forestry/title3/librarylist.pdf> for a list library materials you can borrow.

NRA Grant...Congratulations to Shooting Sports Leader Bob Garrow. He is the recipient of a \$2500 grant from the NRA. The grant will be used for equipment and other needs in the area of teaching NRA/4-H Muzzleloading firearms safety to 4-H youth and adults. The equipment is currently being purchased and the first class is slated for fall.

And, *thanks to Navona Ouimette* for gifting the 4-H program her antique family muzzleloader that is over 100 years old. It is appreciated!

4-H on the Web...New to the county 4-H website is a forms and publications page. Many of the forms you need are now available online. Things like scholarship and county medal applications, county scoresheets and policies, consent and health forms, and more are available. Send your ideas for forms to include to Shannon at sgordon@wsu.edu. The address is <http://stevens.wsu.edu/FourH/fourhforms.htm>.

And remember, if you misplace or give away your copy of Clover Courier—a new copy is just a click away by visiting:
<http://stevens.wsu.edu/FourH/fourhcc.htm>

New Clubs...We'd like to extend a warm 4-H welcome to our newest 4-H clubs: Lone Riders in Springdale, Happy Hill 4-H in Tum Tum, and Upper Columbia River 4-H in Kettle Falls.

New State Fair Horse Show Dress

Code...The Board of Trustees of the Washington State 4-H Fair adopted the following dress code for equine exhibitors at the 2004 State 4-H Fair. In doing so, the board is working within the 4-H equine curriculum as printed in the newly released 4-H Horse Contest Guide (EB1974). All 4-H members, leaders, and parents are reminded that the State 4-H Fair Board of Trustees and Staff are responsible for conducting the Washington State 4-H Fair within the rules and guidelines of the Washington State Department of Agriculture and Washington State University Extension.

This dress code applies only to the Washington State 4-H Fair.

The following attire will be required for all western classes (fitting and showing, stock seat equitation, bareback equitation, trail, western games, and driving):

Shirt—must be a long sleeved, button or snap-down with turndown or button-down collar, of a

solid color and non-metallic in nature (no lame'). Embellishments are not allowed outside of stitching or piping along yoke or pocket. Stitching or piping cannot be of metallic thread or fabric. Shirts are to be tucked in and the sleeves rolled down. The following embellishments are not allowed: sequins, beads, embroidery, crystals, rhinestones, studs, decorative pins, etc.

Pants—dark, solid colored jeans, trousers, or western pants.

Belt—optional for western games.

Tie—kerchief, necktie, bolo tie, scarf, or bandanna.

Boots—western style.

Helmet—ASTM-SEI equestrian approved (refer to 4-H Horse Contest Guide for exact helmet/hat requirement for fitting and showing classes).

The following items are optional:

Gloves

Jacket or Vests— limited to solid color with no embellishments (as stated for shirts). They may be zip, button, or snap-down. Jacket or vest may not take the place of the shirt requirement.

The following items are not allowed:

- Chaps
- Pins, Brooches, Necklaces, Rosettes, or Neckline Embellishments (in place of or in addition to the required tie)
- Turtlenecks, Slinkies, Mock Turtlenecks, or any other shirt that does not meet the above requirement

Because hunt seat equitation, saddle seat equitation, and equitation over fences class participants are already restricted to an acceptable code of dress, there are no other restrictions. Saddle seat equitation participants are reminded that if a saddle suit is worn, it must be of conservative colors.

—Tom Gwin, Manager, WA State 4-H Fair

Remember—The 4-H enrollment deadline for showing at the NE WA Fair is May 31. You must be enrolled in 4-H and in the correct project to show at the NE WA Fair.

New Leader Training... Thank you and congratulations to Jennifer Moody, Rose Gotham, Shanlee Johnson, Elissa Wellhausen, Karen Scott, Michel Pitts, Judy Tanner, Judy Cressey, and Toni Parker for completing New Leader Training in March. Jennifer also completed the correspondence course.

If you are interested in New Leader Training call our office at 684-2588 and we will schedule a date and place to best meet your needs. Although the training is designed for new leaders it can also be beneficial for experienced leaders to network and learn the new 4-H policies, changes, and updates.

Club News...Mountain Riders... So far this year the Mountain Riders 4-H has been very busy. Our club meets at Onion Creek School every 3rd Sunday of the month at 2 p.m. In November, our club decided to sell candy bars and started selling. We sold at our school and Super 1. It was our first time selling and we were very successful. On March 13 our club went to the Spokane Fairgrounds for a 4-H sale. It's a great opportunity to find great tack at bargain prices. To learn how to speak in public and to demonstrate project knowledge, 4-H members give public presentations. This year our presentations were March 14 at 1 p.m. For two years Mountain Riders 4-H has organized a spring horse show called May Madness. This year it was held May 8 at the NE WA Fairgrounds. If you would like more information on Mountain Riders 4-H, call Dani Arnold at 509-732-4408.

Did You Miss It???...*Meat 'n Good Times*—On March 27, 2004 Haynickers II and Valley Community 4-H Clubs held their annual livestock clinic and judging contest at the Arden Arena and Hall. Results for junior division participants—*Skillathon*: 1. Clayton Vining, 2. Colton Garcia, and 3. Troy Hellie. *Feeds*: 1. Troy Hellie, 2. Clayton Vining, and 3. Cody Sweat. *Livestock Judging (Beef, Sheep & Swine)*: 1. Colton Garcia, 2. Clayton Vining, and 3. Troy Hellie. *Meats*: 1. Cody Sweat. *Oral Reasons*: 1. Cody Sweat and 2. Troy Hellie. *Overall Junior Winner*: Colter Garcia.

Results for intermediate division participants—*Skillathon*: 1. Katrina Sweat, 2. Luke Pharr, 3. Sophronia Johnson, and 3. Kacey Walsh, tie score. *Feeds*: 1. Sophronia Johnson, 2. Luke Pharr, and 3. Alysia Burgess. *Livestock Judging*: 1. Katrina Sweat, 2. Tiffany Meyer, and 3. Andrew Walsh. *Meats*: 1. Kacey Walsh, 2. Nathan Burgess, and 3. Austin Burgess. *Oral Reasons*: 1. Luke Pharr, 2. Tiffany Meyer, and 3. Katrina Sweat. *Overall Intermediate Winner*: Katrina Sweat.



Results for senior division participants: *Skillathon*: 1. Amy Davis, 2. Casey Pharr, and 3. Brent Hellie. *Feeds*: 1. Amy Davis, 2. Whitney Miller, and 3. Zach Groeper. *Meats*: 1. Brent Hellie, 2. Paul Church, and 3. Clint Walls. *Livestock Judging*: 1. Whitney Miller, 2. Amy Davis, and 3. Brent Hellie. *Oral Reasons*: 1. Tracy Crane, 2. Clint Walls, and 3. Zach Groeper. *Overall Senior Winner*: Amy Davis

Overall Hi Point Winner of Meat 'n Good Times and the recipient of an embroidered vest was Amy Davis (pictured).

Cougar Corner

Cougar Quest 2004... Cougar Quest is for you if you are entering grades 7-12 in fall 2004. It is an exciting weeklong camp where you choose your own route to discovery. Your days will be filled with hands-on activities led by Washington State University faculty in various fields. Search through the descriptions of the various Quests and see what interests you. Quests include creative writing, photography, vet medicine, leadership, engineering, theatre, and more. At Summer Cougar Quest, learning is fun! When Quest workshops end, campus exploration begins with social and recreational activities. Come join us for an exciting and memorable week this summer. Cougar Quest Camps are held in July on the WSU Campus. Contact me at 684-2588 for more information.

—Debra Kollock, NE WA Learning Center Coordinator

WSU Extension News

Everything's Coming up Chicken... WSU Stevens County Extension is putting together a Chicken Cookbook. We are in the process of gathering of chicken recipes from Stevens County residents. The book will debut at the September 25 Harvest Celebration Dinner. If you would like your favorite chicken recipe included get it to the extension office by August 1. E-mail to sgordon@wsu.edu or mail to WSU Stevens County Extension, 985 S. Elm Ste. A, Colville, WA 99114.

And if you have live chickens—a mobile poultry processing unit is available to process your chickens. You drop them off alive and in an hour so they are ready for the freezer. Cost is \$2 per chicken for processing. For more information on this new opportunity contact Terry Swagerty at 684-2588

WSU Plant Clinic... WSU Master Gardeners staff the plant clinic on Tuesdays from 1-4 p.m. at the extension office. So if your flowers won't bloom or veggies have bugs drop by and visit them. Bring your yard and garden questions/problems (samples are great) by for the Master Gardeners to diagnose and offer solutions. The clinic is open until 6 p.m. on the last Tuesday of the month.

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Persons with a disability requiring special accommodations while participating in this program may call WSU Stevens County Extension 509-684-2588. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on site. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office.

WASHINGTON STATE UNIVERSITY



STEVENS COUNTY EXTENSION

Washington State University Cooperative Extension helps people develop leadership skills and use research-knowledge to improve their economic status and quality of life

Al Kowitz
County Extension Chair

Helping You Put Knowledge to Work

2004 Stevens County 4-H Calendar of Events

May

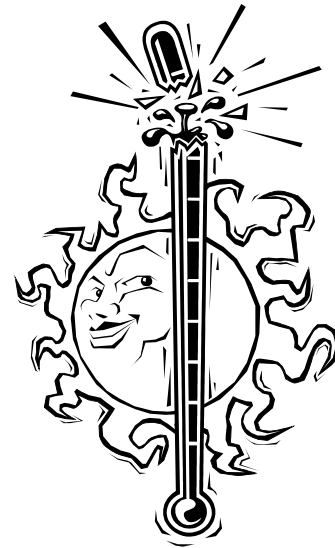
- 27 Canine Good Citizenship Testing, 6 p.m. at the fairgrounds
- 29, 30, 31 Len Cook Clinic
- 31 Last Day to Add 4-H Projects for NE WA Fair Participation

June

- 5 4-H Sponsored Fishing Derby, 9-3 at Camp Princess Pine
- 9 Leaders' Council, 5:30 p.m. at the extension office
- 12 Haynickers Hay Day, Western Games State Qualifier
- 14-16 Livestock Judges and Show Management School, Pullman/Moscow
- 15 Deadline for Broodmare Program
- 24 4-H County Activity Day
- 27 Small Animal Show, 10 a.m. at the fairgrounds
- 27-30 4-H State Teen Conference

July

- 1-30 Camp Princess Pine available for 4-H use
- 7 Foods Contest, State Qualifier
- 10-11 Light Horse Show, Performance State Qualifier
- 12-15 4-H Horse Camp
- 14 Leaders' Council, 5:30 p.m. at the extension office
- 14 Fashion Revue, State Qualifier
- 18 Dog Agility Qualifying Show, 10 a.m. at the NE WA Fairgrounds
- 21, 22, 23 Len Cook Clinic
- 22 State Qualifying Cat and Dog Judging Contest, 10 a.m. at Colville City Park
- 31 State Qualifying Dog Show, 10 a.m. at the Colville City Park



For more information on any of these activities contact the extension office at 684-2588.

May 2004 Clover Quest

1. Will lunch be served at the Fishing Derby?
2. Name one activity scheduled for County Activity Day:
3. It's Saturday and the extension office is closed, but you desperately need a 4-H consent and release form. What can you do?
4. Who donated an antique muzzleloader to the 4-H program?
5. Can you wear a long-sleeved T-shirt while showing your horse at the State 4-H Fair?
6. What is the theme for 4-H teen conference?
7. Name one new 4-H club:
8. What should you do with your favorite chicken recipe?
9. It's not easy being a person of _____.
10. Who was the overall hi-point winner at Meat 'n Good Times?

Points are available if your club submits an article for the next issue of Clover Courier or if you send a representative to a Leader's Council meeting.

Your club president, secretary, and 3 other members must sign the back of this form to be an eligible entry! If you have less than five members—everyone must sign! Make sure your club name is on the back.

Return to WSU Stevens County Extension
985 S. Elm Ste. A, Colville, WA 99114 by June 30, 2004