

# Clover Courier

September 2009

## 4-H

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*Sent to each 4-H family*

**End of Year Awards...**the 4-H year ends September 30 and now is the time to apply for or nominate someone for recognition.

### Outstanding 4-H Teen

Each year a junior or senior high school 4-H member(s) is recognized as an Outstanding 4-H Teen(s). However, they can't win unless nominated so nominate a teen from your club. A male and female winner is selected through a nomination and interview process, based on their entire 4-H career. Winner will be honored at the 4-H Awards Banquet with a plaque, gift, and \$25 from the Mace Memorial Fund. Nomination form is enclosed and must be returned to the Extension office by **September 15—extended to September 18!!!**

### 4-H Horse Sportsmanship Award

Every year a 4-H Horse Project member is recognized for displaying a high degree of sportsmanship as a 4-H member. If throughout the year you noticed a horse project member displaying good sportsmanship then nominate them for this award. They will be recognized with a special plaque at the 4-H Awards Banquet. Nomination information is enclosed and nominations must be received at the Extension office by **September 15—extended to September 18!!!**

### Head, Heart, Hands and Health Awards

New for 2009!!! This award can be for a leader that goes above and beyond (heart), a member with a great community service project (hands), or a community member that helped the 4-H program. Anything and anyone is eligible—you just need to nominate them and explain how it relates to head, heart, hands, or health. **Nominations are due by September 30, 2009.** There is not a form just email the information to Shannon at [sgordon@wsu.edu](mailto:sgordon@wsu.edu).

### County Medal Applications

County Medal awards are based on participation in 4-H, project completion, community service, and what was learned. You only need to apply for project medals. Additional medals are awarded based on scores earned in judging contests, fashion revue, public presentations, record books, and food contests. Applications are enclosed and must be turned into the Extension office by **October 15.**

Cooperating Agencies: Washington State University, USDA, and Stevens County. Extension programs and policies are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

## Character Education

### What You Do Is What You'll Get

If you want to help your children do well in life, there are a few things you can do. A high proportion of high achievers have two things in common: lots of books in their house and an emphasis on reading, and a family tradition of regularly eating dinner together.

Filling a house with books surrounds children with endless and varied opportunities and challenges to explore and learn. Books provide knowledge and seeds of wisdom about morality and character.

Eating dinner together assures that parents have an opportunity to participate in their kids' day-to-day lives and help shape the way they think and react. Coordinating schedules so everyone eats together requires an effort to elevate family time above other things and instills in children a sense of belonging.

But we can do more than promoting reading and family discussions to offset the bad influences to which our kids are exposed. Everything we do to or in front of our children matters; what we allow, what we encourage, and what we do ourselves teaches our children how to live and conveys powerful messages about values.

So be sensitive with what you say and how you say it, what you read and what you watch on TV. And be careful with how you handle relationships and deal with emotions like disappointment, anger, and frustration. Because what you do is what you'll get. This is Michael Josephson reminding you that character counts. *Information from 2009 Michael Josephson broadcast commentary with the Josephson Institute.*

## Upcoming Events



**State 4-H Forum...**This year's Forum will be **October 16-18** in Grand Mound, WA. Forum is the annual gathering of 4-H volunteers, teens and faculty/staff from around the state. During the Forum, you will have the opportunity to network with other volunteers, give input to the Washington State 4-H Program, and hone your skills at a variety of workshops.

The Forum starts on Friday with day-long intensive training on a few topics followed by the annual District Meetings, the Volunteer Recognition Banquet and Hall of Fame Induction. Saturday features over forty workshop sessions, the 4th Annual 4-H Alumni Reception, and the 4-H Charity Auction and Dinner.

Finally, Sunday will be filled with the 4-H Council Meeting and project meetings.

Early registration deadline is September 25. Leaders' Council will pay registration fee for enrolled leaders and teen leaders. Visit the State Forum website at <http://4h.wsu.edu/conferences/Forum/index.htm> for complete information.

**4-H NE District Teen Rally...**Each year a county in the NE District hosts a Teen Rally for youth in grades 7-12. This year Stevens County will host the event at Chewelah Peak Learning Center. It doesn't get any closer than this so now is your chance to participate in this fun teen event. A flyer and registration information is enclosed.

**4-H Window Display Contest...**Show the community what 4-H means to you! 4-H Leaders' Council is sponsoring a window display contest during National 4-H Week, October 4-10. The winning display will be awarded a \$50 prize at the 4-H Awards Banquet in November. Your display should teach/show the public what your club does. To participate you need to contact a local business about using their window, register, and then design and set up your display no later than October 4. Register your entry by **September 18**. Entry forms are available at: <http://stevens.wsu.edu/FourH/windowdisplay.htm> or at the Extension office. Displays must be up during National 4-H Week, October 4-10, 2009.

**All Leader Meeting and Banquet...Find the Fun in 4-H!!!** at the Stevens County 4-H All Leaders' Meeting and Banquet will be held Sunday, **October 4, 2009** at 4 pm at the Arden Community Hall. The evening includes an inspirational speaker, workshop on making your 4-H meetings fun, and dinner. Registration information is enclosed.

**Fall Fuzzy State Qualifying Horse Show...**It's that time of year again. The new 4-H year begins October 1st and the Summit Spirits 4-H Club is getting ready to have their annual Fall Fuzzy 4-H State Qualifying Horse Show. This year we are planning on having a two day show.



**October 10 is the Performance State Qualifier and October 11 the Western Games State Qualifier.** You must attend showmanship on both days if you intend on qualifying at both shows as they are separate events. The horse in showmanship on Saturday will have points toward Saturday only. If wanting to qualify on Sunday, you must again do showmanship on that day for Sunday's points. Horse certificates on file are good for three years as long as they are signed by the current club leader or if joining a new club, are signed by the new leader. All new certificates must be on file 30 days before the horse show to compete in the 4-H division. However, there will be an open division for each class for those wanting to participate

outside of 4-H. The show will follow all the 4-H guidelines through the PNW 574 4-H Horse Contest Guide, available for download at the publications section of the 4-H website at [4h.wsu.edu](http://4h.wsu.edu). It is the responsibility of the exhibitors to know the rules of the show and the County/State Regulations. A copy of the 4-H regulations and PNW 574 will be available for review at the show. We are planning on having the standard qualifying classes in each division on both days. Saturday, we will have some fun and games classes with prizes. There will be a high point and reserve high point awarded to the two overall exhibitors with the most points for each day. This will be our only club show this year, so any club interested in learning how to put on a show or would like to be a part of the Stevens County Horse Leaders program, setting up shows this year, please contact Debbie Harbin or the Extension office. Information on the show will be distributed no later than September 21 through the 4-H office. Be watching for entry form information. Pre-entry fees will be \$3 per class and post-entry \$5 per class. The entry dates and any special full day deal rates will be noted on the entry form when they become available. This show is tentative as of this printing. If you have not heard or seen information by this date, please contact the Extension office to confirm the show dates and there has not been a cancellation. Hope to see you at the show. Happy Trails! *Submitted by Debbie and Heather Harbin, Summit Spirits 4-H Club*

**HARVEST PARTY!!** Come join the fun at Evergreen 4-H Club's harvest party on **October 18** at 2 pm. There will be games, prizes and a potluck dinner. Don't miss games like Tug of War and Egg Relay Race. Please call Angela Yarnell to RSVP and for directions at 509.935.8636.

# 4-H News

**4-H Directory...**An updated 4-H Directory is enclosed in this mailing. Directories are for 4-H use only, so you can contact other leaders in your project for advice or to share opportunities.



**Request for Photos...**Don't forget Heather Harbin, of Summit Spirits 4-H, will be putting together the end of the 4-H Year Slide Show for the Awards Banquet this year and is asking for your help! If you have pictures from activities and events your club has hosted or participated in please send to Shannon at [sgordon@wsu.edu](mailto:sgordon@wsu.edu) and she will forward them on to Heather. Thank you!

## Congratulations to the 2009 State 4-H Fair Qualifiers and Alternates

### Public Presentations

Calicoat, Tabatha  
Conner, Ruthanne  
Hall, Carissa  
Hall, Carolyn  
Hall, Christina  
Karsh, Ashley  
Meckle, Kayla  
Miller, Naomi  
Minaker, Andrew  
Minaker, Austin  
Minaker, Brittany  
Morgan, Macy  
Thompson, Isabel  
Wellhausen, Tristan

### National Equine Public Presentation

Karsh, Ashley

### Fashion Revue

Franks, Andrea  
Howder, Cassie  
Kennedy, Brooklyn  
Miller, Naomi  
Roach, Alysha

### Creative Consumers of Fashion

Howder, Cassie  
Kennedy, Brooklyn  
McLaughlin, MacKayla  
Miller, Naomi  
Roach, Alysha

### Food Contest

Hall, Christina

### Performing Arts

Morgan, Macy

### Garden Judging

Booth, Amy  
Craft, Jesse  
Hall, Carissa  
Hall, Carolyn  
Harbin, Heather  
Howder, Cassie  
Spengler, Daisy

### Clothing Judging

Conner, Ruthanne  
Hall, Christina  
Howder, Cassie  
Miller, Naomi

### Foods Judging

Hall, Carissa  
Hall, Carolyn  
Hall, Christina  
Minaker, Brittany

### Rabbit Judging

Conner, Ruthanne  
Craft, Jesse  
Hall, Carissa  
Hall, Carolyn  
Hall, Christina  
Harbin, Heather  
Minaker, Brittany

### Cats

Howder, Cassie  
Robson, Abby

### Cat Judging

No qualifiers

### Dogs

Sulgrove, Emily

Fox, Darby

*Alternate:*

Sanchez, Allison

### Dog Judging

Powell, Elizabeth  
Sanchez, Allison  
Sharp, Sarah

### Dog Agility

Sanchez, Allison  
Fox, Darby

*Alternates:*

Clark, Josie  
Powell, Elizabeth  
Hartman, Hayden

### Beef

Pierce, Kacie  
Pierce, Karsyn

### Dairy

Minaker, Andrew  
Minaker, Austin  
Minaker, Brittany

### Livestock Judging

*Intermediates*

Hill, Nick  
Huguenin, Josie  
McIrvin, Haley  
Peirce, Kacie

*Seniors*

Hellie, Troy  
Hill, Jessica  
Kofmehl, Kayla  
Minaker, Brittany  
Sweat, Cody

### Horse Judging

No qualifiers

### **Dairy Judging**

#### *Intermediates*

Hill, Nick  
Keenan, Kourtney  
McIrvine, Natasha  
Meckle, Tia  
Pierce, Kacie  
Price, Tyler  
Woodbury, Wyatt

#### *Seniors*

Collen, Carlane  
Collen, Eileaha  
Hellie, Troy  
Hill, Jessica  
Kofmehl, Drew  
Kofmehl, Kayla  
Minaker, Brittany

### **Performance Horse, Int.**

D'Uva, Kristal (Ollie)  
Hall, Carolyn (Beauty)

#### *Alternates:*

Nez, Makayla (Little CC)  
Lane, Jessica (Jezzabelle)

### **Performance Horse, Senior**

Thompson, Susanna  
(Smokey Bear)  
Harbin, Heather (Scout)

#### *Alternates:*

Harris, Mikayla (Ringo)  
Thompson, Isabel (Bar)  
Nez, Madaleen (Patch)

### **Western Games, Int.**

Short, Brianna (Shady)  
D'Uva, Kristal (Girlfriend)

#### *Alternates:*

Ashley, Jessica (Sammy)  
Hall, Carolyn (Beauty)  
Nez, Makayla (Tony)

### **Western Games, Senior**

Harris, Mikayla (Scarlet)  
Brown, Jayme (Lady)  
Wilson, Carly (Freckles)  
Nizich, Katherine  
(Chauncy)

#### *Alternates:*

Harbin, Heather (Scout)  
Zyskowski, Raeanna  
(Nutmeg)

### **Dressage/Fences, Int**

No qualifiers

### **Dressage/Fences, Senior**

Thompson, Susanna  
(Smokey Bear)  
Harris, Mikayla (Ringo)

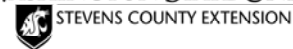


**Record Books...** Don't forget to bring your completed 4-H Record Book to the Extension office by October 7 to be judged at the county level. Record Books are judged based on all projects you are enrolled in. Make sure to complete project sections for every project. The highest scoring Record Book will receive a \$50 savings bond at the 4-H Awards Banquet in November.

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Persons with a disability requiring special accommodations while participating in this program may call WSU Stevens County Extension 509.684.2588. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on site. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office.

### **WASHINGTON STATE UNIVERSITY**



Washington State University Extension helps people develop leadership skills and use research-based knowledge to improve their economic status and quality of life.

Shannon Gordon  
4-H Program Coordinator  
**Helping You Put Knowledge to Work**

## 2009 Stevens County 4-H Calendar of Events

### SEPTEMBER

- 11-27 State 4-H Fair, Puyallup
- 15 Outstanding Teen Nominations Due
- 15 Horse Sportsmanship Nominations Due
- 18 Window Display Entries due

### OCTOBER

- 1 New 4-H Year Begins
- 2 Record Books Due for County Judging
- 2-4 NE District Teen Rally, Chewelah
- 4 All Leader Meeting and Banquet
- 4-10 National 4-H Week
- 10-11 Fall Fuzzy Horse Show
- 14 Leaders' Council Meeting, 5:30 pm at the Extension office
- 16-18 State 4-H Forum, Grand Mound, WA

### NOVEMBER

- 1 4-H Awards Banquet

### DECEMBER

- 1 4-H Enrollments Due
- 9 Leaders' Council, 5:30 pm at the Extension office



## September 2009 Clover Quest

1. When are Record Books due?
2. What grades do you have to be in to attend the Teen Rally?
3. What will the first state-qualifying event of the year be?
4. Name one state-qualifier in livestock judging:
5. Who is putting together the end of year slide show?
6. What does the winner of the Window Display Contest win?
7. What is the name of the newest Award to be presented at the 4-H Awards Banquet?
8. Where will the State 4-H Forum be held?
9. What 4-H club is hosting a Harvest Party?
10. What is the theme of the All Leader Meeting?

Points are available if your club submits an article for the next issue of Clover Courier or if you send a representative to a Leaders' Council meeting. Your club president, secretary, and three other members must sign this page to be an eligible entry! If you have less than five members—everyone must sign!  
Make sure your club name is on the back.

**Return to WSU Stevens County Extension  
985 S. Elm Ste. A, Colville, WA 99114 by October 15, 2009**